

Happy Days Childcare Menus

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals, toast and fresh fruit				
AM break	A selection of toast, crumpets & fresh fruit				
Lunch	Sausage & Lemon Pasta with Green Beans & Sweetcorn. Strawberry Shortcake with Fruit Whip	Moroccan Spiced Minced Beef with Herb Couscous & Green Salad Apple Crumble Tart with Custard	Tuna, Potato & Spinach Bake with Cauliflower & Broccoli Summer Fruit Crisp with Custard	Five Bean Chilli with Rice & Homemade Nachos Chocolate Beetroot Brownie with Ice Cream	Chicken, Potato & Chive Gratin with Cabbage & Peas Stewed Fruit with Natural Yoghurt
PM break	A selection of crackers, breadsticks, cheese & vegetable sticks are available as required				
Tea	Chicken, Rice & Peas with Pitta Bread Fresh Fruit & Cake	Scrambled Eggs, Toast & Cherry Tomatoes Fresh Fruit & Natural Yoghurt	Sausage Rolls with Spaghetti Hoops Fresh Fruit & Whip	Pasta in Tomato Sauce Fresh Fruit & Cake	Toast with Baked Beans & Cheese Fresh Fruit & Cake

This menu is for weeks commencing 20th April, 1st & 22nd June, 13th July, 3rd & 24th August, 14th Sept, 5th October